

### **Our Stories**



# Turning Personal Tragedy into Driving Passion!

Paul Thomas Hohag
Founder, Chairman



Executive Team Lost Fathers and Daughter to Suicide...



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Development Director

#### **The Problem**



### This is what we're hearing!

"I am therapied out" 93% of adults surveyed think suicide can be prevented.

AFSP - afsp.org/suicide-statistics

"I want connection to a community that understands."

"I want different options than a mental health therapist for support." "It's so hard when you don't feel like someone needs immediate crisis intervention, but they need support."

50% of people surveyed said they don't know how or where to access the kind of support they need.

AFSP – afsp.org/suicide-statistics

"I felt so alone trying to navigate support for my loved one and myself and didn't know where to turn."



#### **The Problem**



#### This is what we're hearing:

"My daughter tried to kill herself last Thursday. She is okay and home now.

I was wondering if there are resources for her that we might not know about.

I am just trying to give as much support as possible. She is only 12."

"We just recently lost an employee to suicide at the company I work for. We are trying to support the family and the employees that are struggling with the loss. Who should we work with and how do we help them?"

"I have a friend who just lost her husband to suicide. How do I help her?"

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#### Hi, I'm HOPE.

Take my hand and come with me for support.



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https://www.youtube.com/watch?v=YygvJ4WTiXw&t=3s

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## **Our Programs**



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## Making a difference TOGETHER. Let's look at the data:

**2024 YTD** 

8,000+

TOTAL VISITORS (and counting)

3,000+

PEOPLE DIRECTED
TO TOOLS AND
RESOURCES

300+

PEOPLE DIRECTED
TO 988 SUICIDE
PREVENTION HOTLINE



## Box breathing exercises... let's breathe together!

#### **Wellness Features**

















