

**For Immediate Release: January 3, 2025**

2B CONTINUED presents '25 DANCING LIKE THE STARS SHOW - A LIVE PRODUCTION FEATURING LOCAL STAR COUPLES AND CELEBRITY JUDGES!

2B CONTINUED proudly presents its 5<sup>th</sup> annual gala to benefit suicide prevention and mental health awareness. We invite you to join us for this live production on Saturday, April 12, 2025, at 6:30 pm.

The event will feature 12 'STAR' couples from Brown, Carver, McLeod, Meeker, Nicollet, Renville, Sibley, and Wright counties. They are working with a professional choreographer to learn a dance routine to participate in the friendly dance competition which raises money for the organization and awareness of its' mission.

Thank you to this year's participants and partners:

STAR Couples: Juan Acevedo & Tina Castillo, Fairfax; Jacob & Stephanie Brandt, Gaylord; Todd & Courtney Breyer, Glencoe; Grey & Missy Brock, Litchfield; Justin & Jessica Helget, St. Peter; Derik & Jess Johnson, Renville; Dustin & Tricia Mackenthun, NYA; Whitey & Josie Sanken, Brownton; Brad & Angie Schugel, New Ulm; Marcus Tevis & Megan VanEyll, Waconia; Winnie & Lisa Weninger, Maple Lake; and Nathan & Brooke Wentzlaff, Henderson.

Opening noncompetitive dance performance by a group of staff members from New Ulm Medical Center.

Choreographers: Kelly Bestul, Laura Flicek, Samarah Foster, Abi Gasca, Shannon Harris, Montana Krueger, Melissa Lolley, Dana Marquis, Danny Ross, Marissa Schmidt, Missy Visser, and Melanie Webster.

To Vote for your favorite couple, learn about Recognition Level Donorships, and for Show Ticket information, visit: [www.2bcontinued.org](http://www.2bcontinued.org)

Teuby Continued, dba 2B CONTINUED, local 501c3 nonprofit organization, strives to increase awareness of suicide prevention, mental health, and wellness through advocacy, education, and outreach. Its primary service area includes the counties of Brown, Carver, McLeod, Meeker, Nicollet, Renville, Sibley, and Wright.

The money raised is used for education, outreach, and events in local communities to help carry out the mission. In 2024, more than 40,000 people were reached by 2B CONTINUED's programming. Some were reached through the educational offerings of Question, Persuade, Refer (QPR, the mental health version of CPR), SafeTALK for Ag trainings, Mental Health First Aid courses, and at the Continuing Education Conference for Professionals. Others were reached through community outreach activities like yard signs with encouraging messages, community celebration parades, county fair booths and Suicide Loss Support group. Regardless of the platform, messages of "You are not alone", "You matter", "Mental Health IS Health", "There is Hope" and "Together we can make a difference" are touching lives and helping to provide connections and resources for mental health and wellness where they are most needed.

## Needs Header

The Dancing Like the Stars Show is the primary funding source for the teen Mental Health First Aid program. In 2025, 2B CONTINUED certified instructors are teaching the Teen Mental Health First Aid (tMHFA) curriculum to 80 class sections of high schoolers in 20 area school districts: Buffalo Lake-Hector-Stewart, BOLD, Central (NYA), Eden Valley Watkins, Gibbon-Fairfax-Winthrop, Glencoe-Silver Lake, Hutchinson, Howard Lake-Waverly-Winsted, Lester Prairie, LeSueur-Henderson, Mayer Lutheran, New Ulm Cathedral, Nicollet, Renville County West, St. Peter, Sibley East, Sleepy Eye, Springfield, Waconia, and Watertown-Mayer. Each school has between 1-10 class sections. The program costs about \$2,500/section of up to 30 students. The program is offered without charge to schools, removing any financial barrier to participation. The response from schools and participants to this training has been overwhelmingly positive.

2B CONTINUED, the dancers and choreographers work extremely hard to put on an engaging and memorable show while raising funds needed to provide these important education and community outreach activities. DLTS is an exceptional production that supports a local organization doing critical work in local communities.

Couples are strategically selected by 2B CONTINUED's Executive Director, Tammy Diehn, with the assistance of the Board of Directors. They seek couples who support its mission and are willing to represent the organization; are from a variety of communities, age groups, occupations, employers, social circles, interests, and backgrounds; with little to no dancing experience; at least 21 years old; and are not a first-degree relative of a board member, employee, or spouse/SO.

Watch for another press release in March with more event details. For more information, contact 2B CONTINUED at [info@2bcontinued.org](mailto:info@2bcontinued.org) or (320) 854-HOPE (4673).

Please note: 2B CONTINUED does not offer any professional services. **If you or someone you know is in crisis, call, text, or chat 988.**