



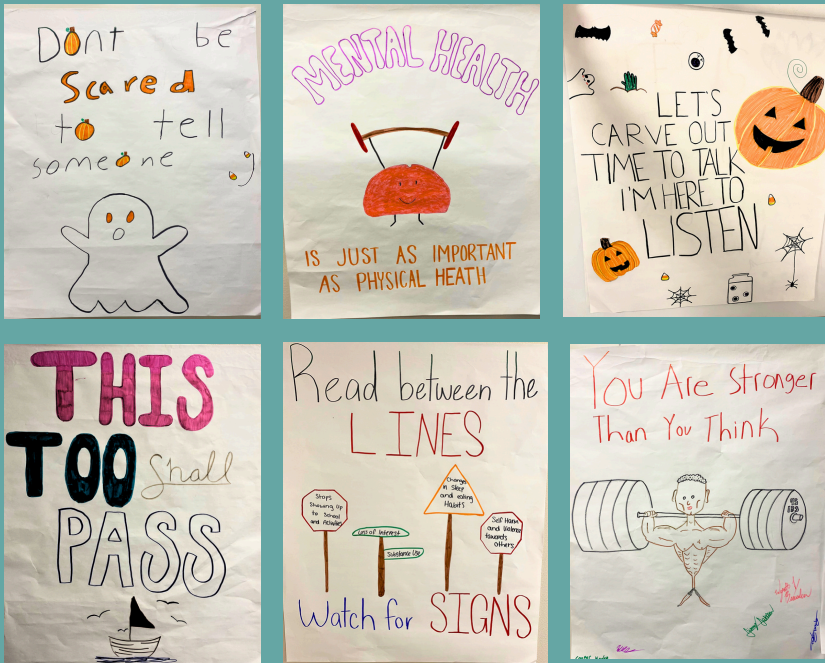
# tMHFA TEEN MENTAL HEALTH FIRST AID SCHOOL PROGRAM NEWSLETTER



**2B CONTINUED** Designated by the National Council for Mental Wellbeing to teach tMHFA since 2021.

## SHARING HOPE THROUGH ART

tMHFA Waconia HS students expressed their creativity by designing mental health awareness posters—such an impactful and creative way to spread the message of HOPE!



## INSIDE THIS ISSUE:

- SHARING HOPE THROUGH ART
- VIRTUAL STAFF OR PARENT INFO SESSIONS
- CELEBRATING OUR TEEN MENTAL HEALTH FIRST AID GRADUATES (PHOTO GALLERY)!

## VIRTUAL STAFF OR PARENT INFO SESSIONS



This year, 2B CONTINUED is offering **online** information sessions for both staff and parents. Staff and parents from all participating schools have several date/time options to choose from. Though they will not be school specific, staff sessions and parent sessions will still be held separately.

In-person sessions tailored to your school community are still available upon request. Attendance is optional for staff and parents; however, we strongly encourage participation to learn more about the trainings..

**CLICK A BUTTON BELOW TO ATTEND!**

### FOR STAFF:

**Wed, November 20  
3:30PM**

### FOR PARENTS:

**Wed, November 20  
5:30PM**



# Celebrating Our Teen Mental Health First Aid Graduates!

Congratulations to all the students who have completed Teen Mental Health First Aid training so far this year!





Free!\*

\*Free will donations accepted at door  
Concessions by the Green Isle Lions Club

2B CONTINUED *Presents*



A ROCK  
& ROLL

# Christmas Story



For all ages!

SUNDAY, DEC 8, 2024 | 4:00-5:30PM

Sibley East High School Auditorium

202 3rd Ave NW | Arlington, MN



This activity is made possible in part by a grant from the Prairie Lakes Regional Arts Council with funds appropriated by the Minnesota State Legislature from its general fund.



## '24-25 PARTICIPATING HIGH SCHOOLS



## '24-25 FINANCIAL PARTNERS

We wish to express our deepest appreciation to all of our '24-25 school program financial partners:



## OUR NEWEST tMHFA FINANCIAL PARTNERS



Supporting  
Wright County Schools



Supporting  
Sleepy Eye HS '25



Supporting  
Hutchinson HS

## MEET THE tMHFA CERTIFIED INSTRUCTORS



MELISSA BERGET



AMY GASKA



BETH OSLUND



ANNA PANNING



SHARI SALIC



EMILY SCHWARZKOPF



JIM STREHLKE

## 2B CONTINUED SCHOOL PROGRAM STAFF CONTACT INFORMATION:



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